



WHAT IS A GOOD TEAM?



A GOOD TEAM HAS CLEAR TEAM COMMUNICATION FOR EACH MOMENT OF THE GAME.

IN OTHER WORDS, A CLEAR IDEA OF HOW THEY WILL ATTACK, DEFEND AND TRANSITION.

Within good teams everyone has a role that allows them to contribute to the overall goal.

Coaches, Parents and Players should have a very clear idea of how they can contribute to creating a good team.



Coaches

Model the values of the club, teaching the game to their best of their ability.

Parents

Practice with your child, support the coach, encourage the team.

PLAYERS PLAY THE GAME!

THEY ARE IN CHARGE OF UNDERSTANDING THE TEAMS INTENTIONS IN EACH MOMENT AND HELP THEIR TEAM ATTACK, DEFEND, AND TRANSITION FROM THE POSITION THAT HAS BEEN ASSIGNED TO THEM BY THE COACH (I.E GOALKEEPER)



Attacking Principles

- 1.FIRST LOOK TO MOVE BALL TOWARDS OPPOSING GOAL
- 2.IF YOU CAN'T, THEN LOOK TO MOVE BALL SIDEWAYS
- 3.IF NEITHER ARE POSSIBLE MOVE BALL BACK
- 4.RECEIVING THE BALL WITH SPACE AND TIME IS BETTER THAN RECEIVING BALL WITH LESS SPACE AND TIME

Defending Principles

- 1.First prevent the opposition from moving the ball towards your goal
- 2.If you can also prevent them from going sideways that is better
- 3.If you can prevent them from moving the ball towards goal, sideways and backwards that is even better!
- 4.Giving the opposition less space and time is better than giving the opposition more space and time

