



WHAT IS A GOOD PLAYER?

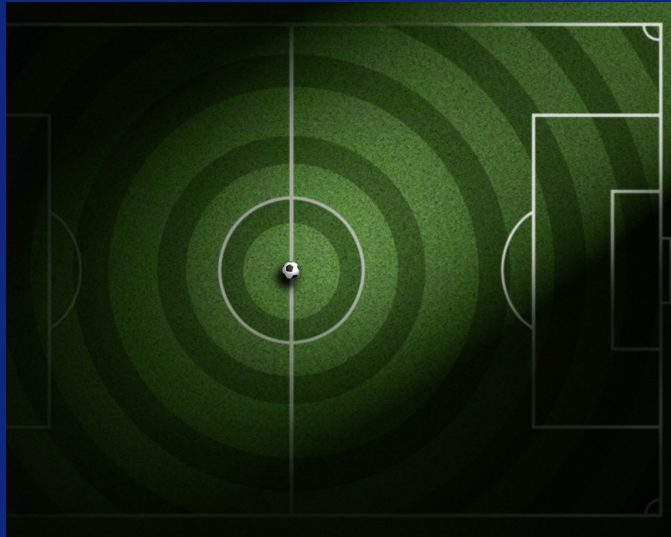


A good soccer player works for the team!

A good soccer player puts the team first. They go above and beyond to accomplish the team objectives set out by the coach

A good soccer player has good game sense!

A good soccer player "sees the big picture" and makes the right action at the right time and place to best help the team



A good soccer player has great technique!

A good soccer player can strike the ball in different ways with different speeds to score goals and pass to teammates.

A good soccer player can manipulate the ball with great precision to get away from defenders

A good soccer player has great athletic ability (speed, agility, and jumping)

A good soccer player has good emotional intelligence!

Social skills, taking responsibility for personal choices, empathy, self regulation, and self- awareness.

These will give the player the ability to work in a team, make good tactical decisions, execute with accuracy and learn from set backs.



A good soccer player has good fitness!

After the growth spurt players will need fitness to perform at high levels.

Fitness is the ability to do more actions and as the game goes on maintain the quantity and quality of those actions.

