



## Passing, Moving and Dribbling

**Category:** Tactical: Combination play  
**Difficulty:** Moderate

CMF Academy, Coquitlam, Canada  
Individual-Young Member

### Passing, Moving and Dribbling (20 mins)

#### Organization:

Setup a grid 25y x 25y With Two players on the high cones, one player 8y from start line, and the remaining players at the start line.

#### Description:

At the same time both lines start with player A passing to player B. Player B turns using different techniques and passes to player C. Player C then speed dribbles back to start line.

After sequence is complete, player A moves to the B cone, and player B moved to the C cone.

#### Techniques:

- 1) Player B turns with preferred technique
- 2) Player B lets ball roll through their legs before passing to player C
- 3) Wall passes between player A&B, and B&C

#### Coaching Points:

- Good movement
- Quality of passes
- Stay active

