



Defending Corners & Free Kicks

Category: Set-Pieces: Corners
Difficulty: Moderate

CMF Academy, Coquitlam, Canada
Individual-Young Member

11v11 Corners Defending

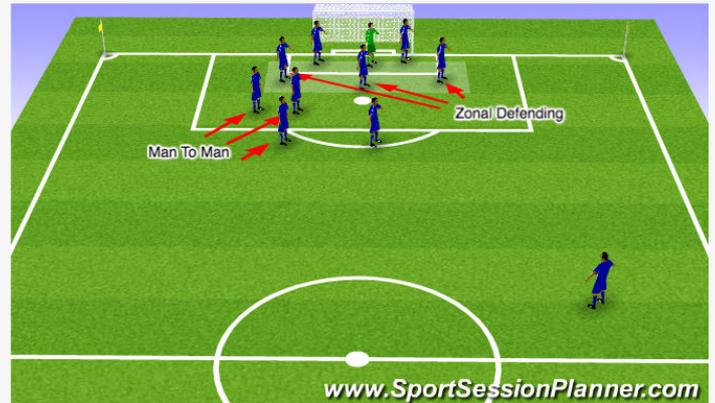
Defending Corner Kicks

Setup

- Two Players on the post. These would normally be your two smallest players on the field to cover the goalie in case he/she was beaten by a header or shot off the corner.
- Three Players zonal defending. These would be your best three players in the air or courageous players to attack the ball. One at the corner of the 6 yard box, the second in between the top of the 6 yard box at penalty spot, and third would be at the back corner of the 6 yard box to flick anything away from goal.
- Three players man to man defending on any players from the opposition.
- One player at the top of the 18 yard box to clear or attacking any second balls that may fall in the area.
- One player as an outlet on either side of the halfway line.

Short Corner Defending

In case of a short corner the players on the near post and front corner of the 6 yard box will be attacking the opposing players in possession and stop any crosses into the box.



11v11 Free Kicks Defending

Free Kicks Defending

When defending free kicks in the defensive third a wall should be made to assist the goalie with any direct or indirect kicks. Any free kick 18y to 25y should have a wall of 4-5 players with the second player in the wall directly in line with the ball and the near post. This player should be the team's tallest player. As the free kick is further from goal or closer to the side line the wall will need less players.

Bullet player - This player is the 5th or 6th player in the wall and should be ready to attack the ball on any initial touch or pass made by the team in possession.

All other players should be man to man defending with the exception of one player as an outlet at either side of the halfway line.



8v8 Corners Defending

Setup

- One Player on the post. This would normally be your smallest player or outside midfielder on the side the corner is being taken from.
- Three Players zonal defending. These would be your best three players in the air or courageous players to attack the ball. One at the corner of the 6 yard box, the second in between the top of the 6 yard box at penalty spot, and third would be at the back corner of the 6 yard box to flick anything away from goal.
- Two players man to man defending on any players from the opposition.
- One player as an outlet on either side of the halfway line.

Short Corner Defending

In case of a short corner the players on the near post and front corner of the 6 yard box will be attacking the opposing players in possession and stop any crosses into the box.



8v8 Free Kicks Defending

Free Kicks Defending

When defending free kicks in the defensive third a wall should be made to assist the goalie with any direct or indirect kicks. Any free kick 12y to 18y should have a wall of 3-4 players with the second player in the wall directly in line with the ball and the near post. This player should be the team's tallest player. As the free kick is further from goal or closer to the side line the wall will need less players.

Bullet player - This player is the 3rd or 4th player in the wall and should be ready to attack the ball on any initial touch or pass made by the team in possession.

All other players should be man to man defending with the exception of one player as an outlet at either side of the half way line.

