



4v4 + 4 Game

Category: Tactical: Combination play
Difficulty: Moderate

CMF Academy, Coquitlam, Canada
Individual-Young Member

4v4 + 4 Game (20 mins)

Organization:

Setup a grid 35y x 35y and split the group into three teams. Two teams playing verse eachother in the grid and the third team act as Neutral players in each corner of the grid. Neutral players look to stay 1-2 yards on the field in each corner and play with the team in possession.

Description:

Team will play 4v4 with corner neutral players. The team attacking goal can look to score by a direct shot or through combination passes to a wide player and finish off a cross.

Progression:

Create a touch restriction of 2 or 3 max depending on the success teams are getting.

Coaching Points:

- Players should look to play forwarded and use corner targets when a direct shot is not on.
- Speed of play should be at a high level
- Quick decision making when in possession or off a transition

