



# **Coquitlam Metro-Ford Soccer Club Parent Code of Conduct**



**Updated September 2016**



## **PARENT – CODE OF CONDUCT AGREEMENT**

**CMFSC** is committed to providing the best soccer experience for your child. This agreement is intended to explain the expectations for parents of a **CMFSC** player. This agreement is not a legally binding document, but a guide to help ensure that **CMFSC** players, coaches and volunteers all enjoy a positive soccer experience.

1. I commit to being a positive influence on my child's growth and development through sports by:
  - a) Providing continuous positive reinforcement; realizing recognizing effort and performance is more important than reinforcing success
  - b) Focusing on my child's confidence – dissociating love & acceptance from performance
  - c) Working on your emotional discipline and modeling appropriate behavior
  - d) Being a parent, NOT a coach – helping your child frame, understand and gain perspective from their coach's decisions
  
2. I agree to the Sport Parent's Commitment, as outlined below:
  - a) I do not force my child to participate in sports. They do so voluntarily, for their own enjoyment.
  - b) I do not live vicariously through my child in sports.
  - c) I do not have unrealistic expectations of my child in sports.
  - d) I teach my child that winning isn't everything and to take each victory with humility and grace
  - e) I teach my child to accept losses with good sportsmanship and as an opportunity to improve
  - f) I always find something to praise in my child's performance.
  - g) I let my child set his/her own standards of excellence.
  - h) I provide love and support for my child regardless of sport performance and motivation.
  - i) I support the coach's decisions and employ the 24-hour rule when discussing any concerns with the coach.
  - j) I openly support and respect the decisions of officials and set an example for my child and other parents in doing so.
  - k) I will speak out and intervene in instances of unacceptable behaviour. I will not be a bullying bystander!
  - l) I cheer for the team and my child in only positive ways from the stands.
  - m) I provide positive support and encouragement to my child's teammates.
  - n) I never smoke or drink alcohol around my child's sporting events.
  - o) I ensure proper rest, hydration and nutrition for my child.

- p) I am on time for practices and competitions.
- q) I control my temper and use of bad language
- r) I am courteous and respectful to all parents on my child's team and the opposing team.
- s) I never let an emphasis on sport create an imbalance in my child's life.
- t) I do not harass, bully or abuse anyone involved in my child's sport
- u) I ask my child if they had fun, and then ask why or why not.
- v) I will follow the policies and procedures of the sport.
- w) I will work with the sport to provide a safe environment for all participants.
- x) I will continue to invite communication with my child.

I understand that my son/daughter is expected to attend all training sessions, games and activities associated with their team (including during injury – to observe/listen; but excluding illness) and if my son/daughter will be absent that the coach/team official must be notified in advance with a reason for the absence.

I understand that I must respect the coaching and administrative staff, my peers (other parents/families), referees, and the **CMFSC**. Negative comments or behavior towards any of these groups or individuals will not be tolerated.

I understand that there will be zero tolerance and understanding for any negative behavior towards game officials.

I understand that any coaching from the sidelines during training sessions and games will not be tolerated

I understand that any feedback I may have must be communicated to one of the team officials (Head Coach, Assistant Coach or Manager) first. If I am not satisfied the Age Group Coordinator and then the **CMFSC** Technical Director/Head Coach may be contacted. Such contact should be away from other players/parents and in a location away from training or game facilities.

I understand that any breach of these guidelines will result in me being required to complete the 1-2 hour online education program, [Respect in Sport](#) at your own expense (\$12-\$15).

I understand that my child, and potentially I may be removed from all team activities, if breaches of these guidelines are chronic or serious enough in the eyes of the Technical Director, Head Coach or **CMFSC** Board of Directors.

\*Adapted from "Be a Positive Participant in Your Child's Athletics." by Sandra Stark