



# **Coquitlam Metro-Ford Soccer Club Small Sided Game Rules U8 to U10**



**August 2016**



## GUIDELINES FOR MINI-SOCCER

Field size guidelines are as follows:

Age Group	Min Width	Max Width	Min Length	Max Length
Under 8	30 Meters	35 Meters	40 Meters	45 Meters
Under 9	30 Meters	36 Meters	40 Meters	55 Meters
Under 10	30 Meters	36 Meters	40 Meters	55 Meters

Goal size guidelines are as follows:

Age Group	Goal Length	Goal Height	Option
Under 8	12 feet / 2.438	6 feet / 1.83	Anything Smaller
Under 9/10	12 feet / 2.438	6 feet / 1.83	None

Ball sizes must conform to the table as set of below:

Age Group	Under 8	Under 9	Under 10
Ball Size	3	4	4

The duration of the games must conform to the table as set out below:

Age Group	Under 8	Under 9/10
Duration	2 x 25 Minutes	2 x 25 Minutes
Half Time	5 Minutes	5 Minutes

Number of players must conform to the table as set below:

Age Group	Under 8	Under 9/10
Game Format	6 v 6 Including Goalkeeper	7 v 7 Including Goalkeeper

## **Under 8 Division**

### **Coaches on Field**

One coach is allowed on the field per team until Christmas Break. Beginning in January, no coaches should be on the field.

### **Goalkeeping Instruction**

One designated person can be behind the net assisting the goalie. The purpose of this parent/coach is to assist the goalie only. They should not be coaching the team.

### **Teams & Parents during the Game**

When at all possible, teams should be on one side of the field with parents on the other side. If teams are on the same side, coaches should only coach from their own half of the field. They should not cross in front of the opposing team bench.

### **Retreat Line**

When there is a goal-kick and/or when the goalie has the ball in their hands, the attacking team must back up to the half-way line and not pursue the ball until:

- The ball is received by a teammate OR,
- The ball travels over the retreat line OR,
- The ball leaves the field of play

Encroachment of retreat line:

If the defending team encroaches across the retreat line before an opposition player touches the ball then the referee blows the play stopped and issues a re-take of the goal kick.

If players repeatedly infringe the retreat line, an indirect free kick shall be awarded from the place where the offence occurred for not respect the restart.

## Under 8 Playing Rules

### **Law 1 – Field of Play: (See chart above)**

#### **Field Markings:**

Distinctive lines not more than fifteen (15) centimeters wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of five (5) meters is marked around it.

#### **The Goal Area:**

A Goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, ten (10) meters from the inside of each goalpost. These lines extend into the field of play for a distance of ten (10) meters and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the goal area.

#### **The Penalty Area:**

None

#### **Corner Flags:**

None

#### **The Corner Arc:**

None

#### **Goals Posts:**

Goals must be placed on the center of each goal line and measure 3.657 x 1.981 meters or 12 feet wide and 6.5 feet high.

### **Law 2 – The Ball:**

The ball must conform to FIFA standards and **must** conform to the FIFA inflation specifications. Size three (3) are to be used.

### **Law 3 – Number of Players: (See chart above)**

#### **Substitutions:**

At any stoppage, substitutions are unlimited and must be done with the officials' permission.

#### **Playing time:**

All players SHALL play equal playing time.

**Law 4 – The Players Equipment:**

Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. The goalkeeper should wear a colour that distinguishes him/her from both teams. Shin guards are mandatory and must be worn under the socks. Jewelry is not permitted.

**Law 5 – The Referee:**

A Small Sided Games referee or nominated person may be used. The referee's role is to keep players safe and ensure that the game is played under the "fair play" code. A SSG official can send a team official from the field if they fail to conduct themselves in a responsible manner.

**Law 6 – The Assistant Referees:**

None required, the linespersons are nominated persons whose only role is to indicate the whole ball out of play. The referee decides to which team the throw in is awarded.

**Law 7 – Duration of Match: (See chart above)****Law 8 – The Start and Restart of Play:**

Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least five (5) meters from the ball until it is in play. Dropped balls are not part of Small Sided Games Program at this age group and an indirect free kick will be awarded to the team who had possession when the play was stopped.

**Law 9 – The Ball In and Out of Play:**

Conform to FIFA.

**Law 10 – The Method of Scoring:**

Conform to FIFA.

**Law 11 – Offside:**

None

**Law 12 – Fouls and Misconduct:**

Conform to FIFA with the exception that all fouls shall result in an indirect free kick. The referee or nominated person must explain ALL infringements to the offending player. No cards are shown for misconduct. An indirect free kick is awarded to the opposing team at the center spot on the halfway line if a goalkeeper punts or drop-kicks the ball in the air from his/her goal area into the opponents goal area. If a player intentionally strikes, deliberately kicks or spits at an opponent, this player must be substituted and will not be permitted to participate further during the game. The coach should inform the player as to why and correct these actions.

**Law 13 – Free Kicks:**

Conform to FIFA with the exceptions that all kicks are indirect and all opponents are at least five (5) meters from the ball until it is in play.

**Law 14 – The Penalty Kick:**

None

**Law 15 – The Throw-In:**

Conform to FIFA.

**Law 16 – The Goal Kick:**

At U-8, the Tri-Cities League has agreed to have the opposing team move to the half-way line on all goal kicks.

**Unlike FIFA, a goal cannot be scored directly from a goal kick.**

**Law 17 – The Corner Kick:**

Conform to FIFA with the exception that opponents remain at least five (5) meters from the ball until it is in play.

**Unlike FIFA, a goal cannot be scored directly from a corner kick.**

## **Under 9 & Under 10 Division**

### **Goalkeeping Instruction**

One designated person can be behind the net assisting the goalie. The purpose of this parent/coach is to assist the goalie only. They should not be coaching the team.

### **Teams & Parents during Game**

When at all possible, teams should be on one side of the field with parents on the other side. If teams are on the same side, coaches should only coach from their own half of the field. They should not cross in front of the opposing bench.

### **Retreat Line**

When there is a goal-kick and/or when the goalie has the ball in their hands, the attacking team must back up to the half-way line and not pursue the ball until:

- The ball is received by a teammate OR,
- The ball travels over the retreat line OR,
- The ball leaves the field of play

Encroachment of retreat line:

If the defending team encroaches across the retreat line before an opposition player touches the ball then the referee blows the play stopped and issues a re-take of the goal kick.

If players repeatedly infringe the retreat line, an indirect free kick shall be awarded from the place where the offence occurred for not respect the restart.

## Under 9 & Under 10 Playing Rules

### **Law 1 – The Field of Play (See Chart Above)**

#### **Field Markings:**

Distinctive lines not more than fifteen (15) centimeters wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of eight (8) meters is marked around it.

#### **The Goal Area:**

A Goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, ten (10) meters from the inside of each goalpost. These lines extend into the field of play for a distance of ten (10) meters and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the goal area.

#### **The Penalty Area:**

None

#### **Corner Flags:**

None

#### **The Corner Arc:**

None

#### **Goals Posts:**

Goals must be placed on the center of each goal line and measure 3.657 x 1.981 meters or 12 feet wide and 6.5 feet high.

### **Law 2 – The Ball:**

The ball must conform to FIFA standards and **must** conform to the FIFA inflation specifications. Size four (4) balls are to be used.

### **Law 3 – The Number of Players:**

A match is played by two teams, each consisting of not more than six/seven players, one of whom is the goalkeeper. Players will take equal turns to play in all field positions including the goalkeeper position that must be rotated at half time. It is not necessary that all players play in the goalkeeper position during a single game. A match may not start if either team consists of fewer than five players one of whom is the goalkeeper.

**Substitutions:** At any stoppage, substitutions are unlimited and must be done with the officials' permission.

**Playing time:** All players SHALL play equal playing time.

### **Law 4 – The Players Equipment:**

Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but



uniforms must still distinguish teams. The goalkeeper should wear a colour that distinguishes him/her from both teams. Shin guards are mandatory and must be worn under the socks. Jewelry is not permitted.

**Law 5 – The Referee:**

A Small Sided Games referee or nominated person may be used. The referee's role is to keep players safe and ensure that the game is played under the "fair play" code. A SSG official can send a team official from the field if they fail to conduct themselves in a responsible manner.

**Law 6 – The Assistant Referees:**

None required, the linespersons are nominated persons whose only role is to indicate the whole ball out of play. The referee decides to which team the throw in is awarded.

**Law 7 – The Duration of the Match: (See chart above)**

**Law 8 – The Start and Restart of Play:** Conform to FIFA with the exception of the opponents of the team taking the kick-off are at least eight (8) meters from the ball until it is in play. Dropped balls are not part of Small Sided Games Program at this age group and an indirect free kick will be awarded to the team who had possession when the play was stopped.

**Law 9 – The Ball In and Out of Play:**

Conform to FIFA.

**Law 10 – The Method of Scoring:**

Conform to FIFA.

**Law 11 – Offside**

None

**Law 12 – Fouls and Misconduct:**

Conform to FIFA with the exception that all fouls shall result in an indirect free kick. An indirect free kick is awarded to the opposing team at the center spot on the halfway line if a goalkeeper punts or drop-kicks the ball in the air from his/her goal area into the opponents goal area. No cards shown for misconduct. If a player intentionally strikes, deliberately kicks or spits at an opponent, this player must be substituted and will not be permitted to participate further during the game. The coach should inform the player as to why and correct these actions.

**Law 13 – Free Kicks:**

Conform to FIFA with the exception that all free kicks are indirect. All opponents are at least eight (8) meters from the ball.

**Law 14 – The Penalty Kick:**

None

**Law 15 – The Throw-In:**

Conform to FIFA.

**Law 16 – The Goal Kick:**

At U-9 & U-10 Divisions, the Tri-Cities League has agreed to have the opposing team move to the half-way line on all goal kicks.

**Unlike FIFA, a goal cannot be scored directly from a goal kick.**

**Law 17 – The Corner Kick:**

Conform to FIFA with the exception that opponents remain at least eight (8) meters from the ball until it is in play.

**Unlike FIFA, a goal cannot be scored directly**