BC Soccer High Performance 2016 Annual Plan

BC SOCCER
GLOBAL GAME. UNIVERSAL PASSION.

EA Sports BCSPL - High Performance League
OBJECTIVES: *High Performance Player & Coach Development*

BC Soccer - High Performance Program
OBJECTIVES: *High Performance Player & Coach Development Oversight & Player*

2016 SEASON	JANUARY					FEBRUARY				MARCH				APRIL				MAY					JUNE			
Weeks (Monday to Sunday)	28'3	4'10	11'17	18'24	25'31	1'7	8'14	15'21	22'28	29'6	7'13	14'20	21'27	28'3	4'10	11'17	18'24	25'1	2'8	9'15	16'22	23'29	30'5	6'12	13'19	20'26
Weekends	2'3	9'10	16'17	23'24	30'31	6'7	13'14	20'21	27'28	5'6	12'13	19'20	26'27	2'3	9'10	16'17	23'24	30'1	7'8	14'15	21'22	28'29	4'5	11'12	18'19	25'26
Match Day Weekends								1	2	3	SB		4	5	6	7	8	9	10	11	LW	12	13	14	SF	F
High Performance Program Male			HPP	HPP																						
High Performance Program Female		HPP		HPP																						
Technical Committee Meetings			TD				TD				TD				TD					TD				TD		

2016 SEASON	JULY					AUGUST				SEPTEMBER				OCTOBER					NOVEMBER				DECEMBER				
Weeks (Monday to Sunday)	27'3	4'10	11'17	18'24	25'31	1'7	8'14	15'21	22'28	29'-4	5'11	12'18	19'25	26'2	3'9	10'16	17'23	24'30	31'6	7'13	14'20	21'27	28'4	5'11	12'18	19'25	26'1
Weekends	2'3	9'10	16'17	23'24	30'31	6'7	13'14	20'21	27'28	3'4	10'11	17'18	24'25	1'2	8'9	15'16	22'23	29'30	5'6	12'13	19'20	26'27	3'4	10'11	17'18	24'25	31'1
Match Day Weekends												17	18	19		20	21	22	23	24	25						
High Performance Program Male		HPP																					HPP				
High Performance Program Female		HPP																					HPP				
Technical Committee Meetings											TD				TD					TD				TD			

Program Phase

EA Sports BCSPL League Play: WINTER TRANSITION | PRE-SEASON | SB | PHASE 1 | PC | SUMMER BREAK | PRE-SEASON 2 | PHASE 2 | LC FINAL

WFC RESIDENCY vs BCSPL CLUBS

REX vs BCSPL CLUBS

HIGH PERFORMANCE PROGRAM MALE

HIGH PERFORMANCE PROGRAM FEMALE

CSA PROGRAMMING

2003 Intake Male

2003 Intake Female

2000-2002 Male

2000-2002 Female

Feb 28 v MUFC
~~Mar 6 v CMF~~
Apr 3 v SU
~~Apr 10 v FVFC~~
Apr 17 v CFC
Apr 24 v Fus
May 22 v MUFC
May 29 v CMF
June 5v SU
June 12 v FVFC

Feb 23 v MUFC
~~Mar 1 v CMF~~
Mar 22 v SU
Mar 29 v FVFC
Apr 5 v CFC
Apr19 v FUS
Apr 26 v MUFC
May 3 v CMF
May 17 v SU
May 24 V FVFC
May 31 v CFC
Jun 14 v FUS

HPP vs WFC
Feb 23
Apr 5
Apr 19
May 17

HPP vs REX
Feb 16
Apr12
May 10
June 7

BCSPL 2004 Intake Festival

CSA Male Reginal Camp (2001)
Feb 7-11

U17 Womans Concacaf

CSA U15 Comp (2001)

2016 U17 FIFA Womans World Cup

Planned Programing / Important Dates

Recognized Events / Tournament Play

Recommendation / Evaluation / Selection

Technical Committee Meetings

BCSPL Opening Kick off

WFC Tournament

WFC Showcase Mar26-27

BCSPL 2004 Intake Evaluation Dates Feb 5-28

BCSPL Premier Cup

Premier Cup Roster Deadline June 1

HPP July Phase Recommendation Deadline May 1

BCSPL 2004 Intake Festival

Club Nationals

HPP Dec Phase + Intake Recommendation Deadline Oct 10

BCSPL League Cup Final

BCSPL Evaluation Re-evaluation Period -Nov 21-Dec 15

Coaching Development Course Schedule

B License National

B National (Projected Dates)

Technical Support & Guidelines

Phase 1	Matches
Premier Cup	
Summer Transition	Window for team travel / Tournament Play and Showcase Activity
Summer Break	20 to 30 days Rest & Recovery supplemented with Maintenance Program for last 15 days
Phase 2	Matches
League Finals	
Re-Evaluation	Metro League Soccer intake / Evaluation of new players + Re-assessment of current players
Winter Break	10 to 15 days Rest & Recovery supplemented with Maintenance Program for last 5-7 days
Winter Transition	Window for team travel / Tournament Play and Showcase Activity

* All Dates Subject to Change