



## **2015-16 SENIOR BOYS & GIRLS COACHES MEETING PACKAGE**

**Wednesday, September 9, 2015**

**7:00pm – Coquitlam Public Library, Room 136 & 137**

**1169 Pinetree Way, Coquitlam, BC**

### **AGENDA**

- 1. Introduction**
- 2. Registration Update – Bruce Dent, Registrar**
- 3. Operations Update – Joe Basic, Vice-President**
  - a. Power Up software**
  - b. Criminal Record Checks**
  - c. Equipment**
  - d. Facilities**
  - e. Field Training Plan**
  - f. Officials**
- 4. Technical – Sara Maglio, Technical Director**
  - a. Academy**
  - b. Coaching Certification**
  - c. Coach Development**
  - d. Player of the Week Program**
  - e. Team Sessions**
- 5. Team Expectations – Scott Fletcher, Director, Senior Boys & Girls**
  - a. Weekly Coach/Manager Tasks**
  - b. Referee Abuse, Team Conduct & Discipline**
  - c. Raffle**
- 6. Q & A**
- 7. Side Meeting for U13, U12 and U11 meeting.**





## **INTRODUCTION**

At Coquitlam Metro-Ford SC, volunteers are the lifeblood of our organization. The club continues to set high standards both on and off the field, and that would not be possible without the people who give countless hours of their time to the club – particularly those that coach and manage our teams.

Coaching and managing a team is more often than not a rewarding and enjoyable experience. But it's certainly not an easy job. As a club, we have high expectations for how our teams operate and conduct themselves. We hope that this document will serve as a resource and reference that will make that job a little bit easier.

## **CLUB CONTACTS**

For Senior Boys and Girls teams, the primary contact is Scott Fletcher, the Director, Senior Boys & Girls. Scott is also the CMFSC representative on the TCYSA District Board of Directors. If you have any questions or concerns during the season, please email Scott at [sjfletch@telus.net](mailto:sjfletch@telus.net).

(BCSPL teams first point of contact is the designated BCSPL staff – Dale Mitchell, Sara Maglio and Linda Hallam.)

We ask that our teams do not communicate directly with the Leagues, District, BCSA and other entities such as BC Soccer Central website. All communication should be first brought to the Club Executive via the Director.

For a complete list of CMFSC Executive and Staff, including coordinators, operational staff, technical staff and the Board of Directors, please visit: [CMFSC Club Contacts](#)



## **KEY OPERATIONAL PROCEDURES & CLUB POLICIES**

CMFSC has a number of policies and procedures that all club members must adhere to and abide by: players, parents, coaches, managers, staff, volunteers and directors. All of these policies are available on the club website: [CMFSC Club Files & Forms](#)

As team coaches and managers are responsible for ensuring these policies and procedures are followed by their team members, we strongly encourage coaches and managers to be familiar with all club policies and procedures.

The following is a brief summary of some of the key procedures and policies. Some of these are critical to team operations, while others are recently updated or new to the club.

### **Power Up**

Power Up is the club's new registration software program which was introduced this season. This is a powerful new tool and as we phase in more components to our club operations, this will ultimately trickle down to team operations.

With the implementation this year, all team officials are required to sign up as a "volunteer" in Power Up. Power Up will be our primary method for communicating with coaches and managers. It will also allow us to track key components such as Criminal Record Check compliance and Coaching Certifications.

Team volunteers, once signed up in Power Up, will be able to access their team roster in the Power Up Convenor website: [CMFSC Power Up Convenor](#)

### **Criminal Record Checks**

All team staff – in fact any member of our club who will have interaction with minors – must have a valid and current Criminal Record Check on file with CMFSC. Staff who have not completed their CRC will not be permitted to work with their team (games, training, etc.).

Criminal Record Checks can be done in person (at your local police department) or via the Provincial government's online system.

The CRC process is detailed in a process document available on our website: [CMFSC CRC Process](#)

### **Uniforms & Apparel**

CMFSC provides all of its teams with a kit package consisting of the primary Black/Blue jersey, alternate White jersey, Black shorts and Black socks (with white stripes). The jerseys are not "home" and "away" shirts. The traditional Black/Blue jersey is the main



shirt and should be worn at all times except where there is a colour clash and the CMFSC team is the team required to change (usually the home team).

The Black and Blue is part of our club's brand and the colours are instantly recognizable on a soccer field as that of Coquitlam Metro-Ford. The club is keen to continue to enhance our branding and appreciate the support of all teams in helping us to do that.

Teams are not to make modifications to their club supplied apparel (badges, sponsors, etc.), without approval from the Board of Directors.

Likewise, through our official suppliers – Soccer Express and Adidas – CMFSC teams and members may purchase additional club apparel, including track suits, bags, hoodies and so on. The entire menu of available items can be found on the CMFSC portal on the Soccer Express website. [Soccer Express - CMFSC](#)

Teams are not to deviate from our official suppliers or from the items on the menu, without first getting permission from the Board of Directors.

### **Player & Parent Codes of Conduct**

CMFSC has for many years utilized Codes of Conduct for players and parents. All members agree to these requirements as part of the registration process. Team coaches and managers are tasked with ensuring their players and parents adhere to these Codes.

The club will support the efforts of our coaches and managers in ensuring players and parents conduct themselves appropriately both on and off the field.

We have all heard the stories of sideline antics and so on in all youth sports. Regardless of level, the primary responsibility for all coaches and managers is ensuring their players are enjoying a positive soccer experience. The Codes of Conduct are designed to help achieve that.

If you experience any issues where a parent or player has acted in a way that contravenes the Codes of Conduct, please feel free to contact Scott Fletcher for guidance or assistance on the matter.

Obviously, coaches and managers are also subject to the Codes of Conduct. Please keep that in mind when you are at the field.

### **Social Media Guidelines**

CMFSC recently adopted Social Media Guidelines. They can be found on our website: [CMFSC Social Media Guidelines](#)

As part of the registration process, members agree to abide by these guidelines. Please ensure that your team (players, parents as well as coaches/managers) do not engage in



any conduct via social media platforms that would be construed as disrespectful, offensive or threatening.

Also, if your team uses a team management app such as TeamSnap, please ensure that your team members' right to privacy is safeguarded.

### **Field Scheduling**

Training fields are assigned by the club prior to the start of the season. If you have any questions regarding training field allocations, please contact Joe Basic, the club's Vice-President, Operations, at [jbasic@shaw.ca](mailto:jbasic@shaw.ca)

Game fields are assigned on a weekly basis by Gwenda Woodbury and posted on our website every Sunday night: [U13-U18 Boys Game Fields](#) [U13-U18 Girls Game Fields](#)

If you would like to schedule an exhibition game or have a special request for game time (due to scheduling conflicts and the like), you must notify Gwenda at [cmfyouthscheduler@gmail.com](mailto:cmfyouthscheduler@gmail.com) at least seven (7) days before the date of the game.

\* Note: Amy Tiefenbach schedules the U11 and U12 fields. Those assignments are updated weekly and can also be found on our website: [Mini Boys Game Fields](#) [Mini Girls Game Fields](#)

Field closures (such as those due to weather) will be announced by the club and communicated via email through Power Up.

### **Field Etiquette – Training**

All teams are assigned training times by the club. Teams are expected to respect the allocations as provided both to themselves and the other teams.

- a) Do not enter the field prior to your scheduled start time;
- b) Do not stay on the field after your scheduled end time;
- c) Warm ups and cool downs should take place off the field;
- d) End zone areas (and the warm up area at Town Centre) are not free space;

If there are any issues of this kind, we ask that coaches/managers avoid confrontations at the field. If other field users (from our club or others organizations, even the general public) are not respecting the allocations and proper field etiquette, please notify Scott Fletcher.

### **Field Etiquette – Matches**

Teams will be assigned game fields on a weekly basis. Do not assume you will have the same home field allocation every week.

Do not go to the bench area until the game before you has ended.



When warming up, please be respectful of the game before you. Avoid warming up directly behind the goal area, and please keep balls from going astray on to the field of play.

At the conclusion of your game, please vacate the bench areas.

Please clean up the bench areas when your game is over. Do not leave empty water bottles, discarded tape, and ice packs all over the bench and ground. Put all trash in the receptacles.

### **Team Lists and ID Cards**

All teams are provided with a set of BCSA ID cards for players and staff. Please note that only those individuals with ID cards are permitted to be in the bench or technical area.

You must provide the ID cards (along with two copies of your team list) to the referee prior to the start of your match. Please ensure that you obtain your cards from the official at the end of the game.

\* Teams that lose their ID cards will be charged a replacement fee of \$50.

Teams playing in BCSPL and MSL are required to have their ID cards effective the first game of the new season.

Teams playing in 5 District League (Boys) and BC Coastal Girls Soccer League do not need ID cards until October 1.

As noted, teams must provide two copies of their team list to the match official prior to the game. (Protocol is different for SPL where home club provides game sheets for use by both teams.)

Teams MUST use the team lists forms issued by their respective league. Do not make your own. Metro-Select League, 5 District League and the BC Coastal Girls Soccer League all have specific forms. They are available on the league websites as well as on our CMFSC web page:

[Metro-Select League Team List \(and Permit\)](#)

[5 District League Team List \(and Permit\)](#)

[BC Coastal Girls Soccer League Team List](#)

All players and team officials must be listed on this team list (essentially anyone that has an ID card). Anyone not on the team list will be asked to leave the bench/technical area.



## **Player Permits**

All of the Leagues allow the use of permits in League play. Teams may call up players from either a younger age group of the same division or lower, or from the same age group but lower division. Permitted players must be from our club.

For Metro Select League and 5 District League, the permit is located on the bottom of the team list form; BC Coastal Girls Soccer League uses a separate permit form available on their website [BCCGSL Permit](#). The process is as follows:

- a) Contact the coach of the player(s) you wish to call up to confirm availability and get permission to permit the player(s).
- b) Complete the permit including approval from the player's coach.
- c) Permit must be emailed to Scott Fletcher at [sjfletch@telus.net](mailto:sjfletch@telus.net) for District approval. Scott is the club's District designate.
- d) Permits will only be accepted by email and must be received 24 hours prior to scheduled kickoff. (Same day permit requests will not be processed.)
- e) Approved permits will be returned via email by midnight the night before your scheduled game.
- f) Permits must be provided to the match officials. ID cards for the permitted players must also be presented.

Permits are not allowed in League Championship, League Cup, District Cup, Coastal Cup and Provincial Cup play.

## **CMFSC Raffle**

Every year, with the support of our name sponsor Metro Motors, our club holds a raffle lottery. This raffle is our club's single largest fundraiser and goes along way to ensuring we can continue to deliver the best soccer programming in the province.

The raffle is managed under a BC Gaming License and thus has very strict requirements in terms of account of monies and tickets. Each team will be provided a raffle package which will include tickets and instructions.

Each team manager/coach will be responsible for managing and accounting their team's allocation of tickets.

Teams must return money for all tickets sold, and must also return any tickets unsold. All tickets must be accounted for. If your team is responsible for lost tickets, you will be asked to provide rather burdensome paperwork in order for to ensure our raffle satisfies the gaming regulations. So we strongly encourage teams to be diligent from the outset with regards to managing their tickets.





## WEEKLY TEAM RESPONSIBILITIES

(The following applies to teams in Metro-Select League, 5 District League and BC Coastal Girls Soccer League.)

Each week during the season, team managers and coaches will prepare for their upcoming match. Obviously we all know about preparing the players during training, but the real heavy lifting happens away from the field!

### Home Games

**Monday** Check league website to confirm no changes in the schedule for that weekend. (Note: In many cases, posted schedules are good only for identifying your opponent, and who is the home team and who is the visitor. The field and time information is often incorrect and should not be considered accurate.)

Check the CMFSC website for your field assignment. Gwenda Woodbury will have these assignments posted on Sunday evenings (Monday at the latest).

**Tuesday** Contact your opponent to advise them of the game time and field.

**Thursday** Prepare your team list. Submit permits for approval if needed.

**Post Game** Metro-Select League

- Submit online game reports.

5 District League & BC Coastal Girls Soccer League

- Report scores to the designated score recorder;
- Submit CMFSC Referee Evaluation Form Online.

### Away Games

**Monday** Check league website to confirm no changes in the schedule for that week.

**Wednesday** If your opponent has not contacted you by Wednesday evening, contact them to confirm game time and field. (Note: Many clubs don't have this information finalized until Wednesday or even later.)

**Thursday** Prepare your team list. Submit permits for approval if needed.

**Post Game** Metro-Select League

- Submit online game reports.

5 District League & BC Coastal Girls Soccer League

- Report scores to the designated score recorder;



## **REFEREES**

We can't play the game without them. Our match officials are a vital part of our club. CMFSC is the runaway leader in referee development in British Columbia. No club or organization dedicates as many resources to fostering the development of match officials.

In recent years, under the guidance of our Head Referee, Peter Dragan, the quality of officiating provided by our club has improved by leaps and bounds.

Our roster of officials includes referees of all ages, some as young as 12 years old. Just as we hope some of our players will be achieve the highest levels of professional soccer or represent Canada internationally, we hope to do the same with our officials.

For more information on our Referees, including scheduling contacts and development programming, please go to our website: [CMFSC Referees](#)

Our Referee Department has put together a Game Officials Package for Coaches & Managers. It has all the information teams need to know for working with our referees. The package is available on our website: [CMFSC Game Officials Package 2015-16 Season \(For Coaches & Managers\)](#)

### **Referee Scheduling**

Referee scheduling is handled by Gwenda Woodbury ([cmfyouthscheduler@gmail.com](mailto:cmfyouthscheduler@gmail.com)) for U13-U18, and Amy Tiefenbach ([amycmfsc@gmail.com](mailto:amycmfsc@gmail.com)) for U11-U12.

All games from U15 and up are assigned a full complement of officials (one centre referee and two assistants).

For U13 and U14, only MSL games are assigned centre referees and assistants. Division 1 to 4 games will be assigned centre referees only.

For U11 and U12, only centre referees are assigned.

### **Referee Payment**

The home team is responsible for paying officials.

Teams must pay the officials, in cash in the exact amount, prior to the game starting. Have the officials sign off on the reimbursement form.

Teams will be reimbursed by the club for referee fees paid for League and Cup games. Teams can submit reimbursement forms at the winter break and at the end of the season.



## **Abuse of Officials**

Verbal abuse of officials, even physical assault, continues to be a problem in youth sports, and soccer is not immune. Sadly neither is our club. However, last year our club made great strides, and the number of incidents involved CMFSC members was down dramatically.

But one incident is one too many. CMFSC remains committed to achieving a rate of zero-incidents when it comes to abuse of officials.

Coaches and managers are reminded that referees are human, and like our players (and even our coaches), they will make mistakes. Mistakes are part of the game. When a referee makes a mistake, we want our coaches to be examples to our players on how to handle adversity. Yelling at a referee is not that example.

Incidents where team staff or parents are charged with abuse of an official will be reviewed by the club's Discipline Chair – over and above any hearings conducted by the league, district or BCSA.

(Note: In many cases, incidents of abuse of an official are automatically sent to BCSA Discipline for review.)

Coaches are also reminded that they are ultimately held responsible for the conduct of their spectators (parents). This means that should one of your parents be sanctioned, that you too would be subject to penalty also.

In order to help limit the risk of incident, our teams are asked to adhere to the following:

- a) Do not shout or yell at an official. At best this is unsporting, and embarrassing to both you and the referee; and at worst, it's a form of bullying.
- b) Do not approach the referees at half time to question a call (or calls) or simply complain. There's no reason to have any interaction at the half.
- c) At the conclusion of the game, simply shake the referee's hand and say good game. Collect your ID cards, be respectful and move on.

The bottom line is that CMFSC is taking a zero-tolerance approach to this type of conduct. The best advice we can give is the age-old advice of parents for generations: "If you can't say anything nice, don't say anything at all."

## **Referee Evaluations**

At CMFSC we have implemented a tool that will allow coaches to provide feedback on club officials. The Referee Evaluation Form is available to all teams via our website: [CMFSC Referee Evaluation Form](#)

This is an online form and takes minutes to complete. It only applies to home games.

Unfortunately we have had poor response rates in the last couple of years. And the feedback we have received is primarily negative. The expectation going forward is that every team will complete one of these forms after every home game.



In order to enhance the response rate, we will be creating an incentive program. At the end of the year, the three teams with the most submissions will be awarded prizes. (Note: Only one submission per team per game.)

It's also very important to remember that we need the good reviews just as much as we need the bad ones. Our head referee uses this feedback to determine which referees are deserving of being assigned to high profile Cup games at the end of the year. It also helps him determine which referees are ready for the next step and also those who may need some more training.



## **DISCIPLINE**

The discipline process varies across the leagues. The following is a brief description of the various processes.

### **Red Cards and Expulsions**

BCSPL and MSL handle their discipline in house. If a player is sent off or a coach/parent ejected, the team will be contacted by the League and the offending party will be required to attend a hearing within 10 days of the infraction.

For 5DL and BCCGSL, discipline is handled by the District (TCYSA). If a player is sent off or a coach/parent ejected, the team will be contacted by the District Discipline Chair and the offending part will be required to attend a hearing within 10 days of the infraction.

Players, coaches, parents who are sent off or ejected must leave the field immediately.

The referee will take the ID card of any player sent off or coach ejected, and submit it the Discipline Chair with the report. The ID card will be returned at the conclusion of any suspension.

All players, coaches, parents who are sent off ejected **MUST** sit out the following game. Further suspension will be determined in the hearing.

In the cases involving minor infractions (professional fouls) Discipline Committees may issue a decision without a hearing. In these cases, the offending party will have the right to request a hearing if they are not satisfied with the decision presented.

In cases of accumulated yellow cards during the course of the season, there will be no hearing. Discipline Committees will notify the teams of any such suspensions.

### **Suspensions**

Suspensions are issued in accordance with the BCSA Discipline Policy. While suspended an individual is subject to the following conditions:

- a) May not participate in any games as a player, coach or spectator.
- b) May not sit on the bench or be in the technical area.
- c) Parents under suspension are not to attend games.

In certain cases, the Discipline Committee may levy a “suspension from all soccer-related activities.” In these instances, the individual is subject to the following conditions, in addition to those listed above:

- a) May not participate in training or team functions;
- b) May not participate in any soccer activity with another team;
- c) May not participate in any soccer match as an official;



### **Club Discipline**

If a club member is found to have violated a club policy, they may be reviewed by the Club Discipline Committee and subject to sanction by the club, including but not limited to suspension, payment of a performance bond or even expulsion as a member.

If any on field incidents are deemed to particularly severe, in that they also violate club policy or bring the club itself into disrepute, then the club will reserve the right to issue supplementary discipline. This would be sanctions over and above any penalties issued by the league, district or provincial association.



## **GOVERNING ORGANIZATIONS (PROVINCIAL & DISTRICT)**

### **BC Soccer Association (Provincial Association)**

In British Columbia, soccer is governed and administered by the BC Soccer Association. The BCSA is a member of the Canadian Soccer Association and is charged with the promotion and development of soccer in the province.

Our teams, coaches and managers will have no direct contact with the BCSA, except in the following instances:

- (a) Provincial Cup competitions
- (b) Discipline matters involving serious infractions (abuse of officials for example)
- (c) Coach and referee training/certification

Our teams should not make direct contact with the BC Soccer Association. Any concerns should be brought forward to the club's Director, Senior Boys & Girls.

### **Tri-Cities Youth Soccer Association (District)**

The BC Soccer Association membership is comprised in part by Youth Districts. The Youth Districts are regional organizations consisting of clubs. Our club is a member of the Tri-Cities Youth Soccer Association. In addition to CMF, the TCYSA membership also includes Port Coquitlam Euro-Rite, Port Moody Soccer Club and North Coquitlam United.

Our teams will have limited direct contact with the TCYSA, with the exceptions of the following:

- (a) Discipline matters involving on field incidents (red and yellow cards, expulsions, etc.), with the exception of BC Soccer Premier League and Metro-Select League both of which manage their own discipline matters at the league level.
- (b) TCYSA Cup which is a District Championship for Division One and lower teams. The TCYSA Cup winners are declared District Champions and represent the District at Coastal "B" Cup.

Our teams should not make direct contact with the TCYSA. Any concerns should be brought forward to the club's Director, Senior Boys & Girls, who also serves as our club's representative on the TCYSA Board of Directors.



## **YOUTH LEAGUES – BCSPL, MSL, 5DL & BCCGSL**

As a club, CMF is involved in four different leagues. This is the level where our teams have the most direct involvement. The four leagues are:

- (a) BC Premier Soccer League – BCSPL (Tier 1)
- (b) Metro Select League – MSL (Tier 2)
- (c) 5 District League – 5DL (Tier 3 Boys) \*
- (d) BC Coastal Girls Soccer League – BCCGSL (Tier 3 Girls) \*

\* 5DL is also home to Under-11 and Under-12 Development Boys, and BCCGSL is home to Under-12 Development Girls.

Each of the leagues operates independently from each other. They all have their own governance structures, operating rules and so on. The following is a brief summary of each of the leagues with important facts for our teams to be aware of.

All teams are responsible for reviewing and understanding the rules and regulations of their respective leagues, and our teams are expected to adhere to those at all times.

### **BC Premier Soccer League – BCSPL (Tier 1)**

The BCSPL is the top level of youth soccer in British Columbia. Coquitlam Metro-Ford is one of the founding members of this League. The BCSPL consists of divisions from U13 to U18, plus “intake”, for boys and girls.

#### **Quick Facts for CMF Teams:**

- League Website: [www.bcsoccerpremierleague.net](http://www.bcsoccerpremierleague.net)
- Season of Play: Year Round (Phase 1: Feb-Jun; Phase 2: Aug-Nov)
- Cup Play: Provincial Premier Cup (Phase 1); League Cup (Phase 2)
- Match Officials: Scheduled by the League
- Discipline: Managed by the League
- Score Reporting: Responsibility of the Club staff.
- Permits: Call-up permits are allowed.
- Communication: All communication to and from the League is through our Technical Department and BCSPL-designated staff. Teams will typically not have direct contact with the League.





### **Metro-Select League – MSL (Tier II)**

The MSL is the second level of youth soccer in BC. Coquitlam Metro-Ford has a long history in this League. The league consists of boys and girls divisions from U13 to U18.

The MSL hosts a start up meeting every year for all teams. All CMF teams must attend this meeting, where the League's operating rules and standards are clearly explained. This information is also available on their website.

#### **Quick Facts for CMF Teams:**

- League Website: [www.bcsoccercentral.com/Schedules/MSL](http://www.bcsoccercentral.com/Schedules/MSL)
- Season of Play: September to March
- Cup Play: Coastal "A" Cup in Spring; Provincial "A" Cup in July.
- Match Officials: Centre Referees scheduled by League. Assistants by home clubs.
- Discipline: Managed by the League
- Score Reporting: All teams submit game reports to the League.
- Permits: Call-up permits are allowed for League play.
- Communication: The MSL will often communicate directly with individual teams. With regards to game reports, scheduling and discipline, teams should follow the protocols set by the League. If teams have any concerns outside these matters, they should contact the club's Director, Senior Boys & Girls before contacting the League.

### **5 District League – 5DL (Tier III Boys)**

The 5DL is one of two boys leagues in the Lower Mainland representing the third tier of competitive soccer. The 5DL includes clubs from the following five districts: Tri-Cities, Surrey Metro, Alouette, Fraser Valley and Delta.

The 5DL consists of Divisions 1 through 4 from U13 to U18. The League operates a traditional league competition from September to December. After the Winter break, the League will re-tier the divisions into smaller groups and run a "League Championship" competition.

*The 5DL also hosts the U11 and U12 Development divisions.*

Some League specific information, including Operating Rules & Guidelines, are available on the League's website.

#### **Quick Facts Sheet for CMF Teams:**

- League Website: [www.bcsoccercentral.com/Schedules/5DL](http://www.bcsoccercentral.com/Schedules/5DL)
- Season of Play: September to March



- Cup Play: All CMF teams in the 5DL may elect to participate in the TCYSA (District) Cup, which leads to the Coastal “B” Cup in April, and Provincial “B” Cup in July.
- Match Officials: All officials scheduled by home clubs.
- Discipline: Managed by the TCYSA District.
- Score Reporting: All teams (win, lose or draw) must report scores to the club’s score recorder by 6pm on Sundays.
- Permits: Call-up permits are allowed for League play.
- Communication: Teams will typically have no direct contact with the League. All concerns and questions should be addressed with the Club’s Director, Senior Boys & Girls prior to contacting the League.

### **BC Coastal Girls Soccer League – BCCGSL (Tier III Girls)**

The BCCGSL is the only girls league in the Lower Mainland, and represents the third tier of soccer. The BCCGSL consists of all eight regional districts: Tri-Cities, Alouette, Fraser Valley, South District, Richmond, Burnaby, Vancouver and North Shore.

The 5DL consists of Divisions 1 through 3 from U13 to U18. The League operates a traditional league competition from September to December. After the Winter break, the League will re-tier the divisions into smaller groups and run a “League Championship” competition.

*The BCCGSL also hosts the U12 Development divisions.*

The BCCGSL has it’s own website (not hosted on BC Soccer Central). It has all the information teams will need to operate throughout the season.

### **Quick Facts for CMF Teams:**

- League Website: [www.bccgsl.ca](http://www.bccgsl.ca)
- Season of Play: September to March
- Cup Play: All CMF teams in the BCCGSL may elect to participate in the TCYSA (District) Cup, which leads to the Coastal “B” Cup in April, and Provincial “B” Cup in July.
- Match Officials: All officials scheduled by home clubs.
- Discipline: Managed by the TCYSA District.
- Score Reporting: Winning team (or home team in case of a tie) report scores to the league-designated divisional score recorder by 6pm Sunday.
- Permits: Call-up permits are allowed for League play.
- Communication: Teams will typically have no direct contact with the League. All concerns and questions should be addressed with the Club’s Director, Senior Boys & Girls prior to contacting the League.



## **CUP COMPETITIONS FOR CMFSC TEAMS**

There are a number of Cup competitions available to our teams to participate in. Some of these are League-specific, while others are “open” competitions, while others culminate in regional, provincial and even national championship events.

### **TCYSA Cup (Tier III)**

The TCYSA Cup is the District Championship competition. This is open to boys and girls teams from U13 to U18 playing at the Division One level or lower. This is an “open” cup competition similar to the English FA Cup, where teams from a variety of levels compete for the same championship.

The TCYSA Cup is optional and teams must declare.

The winners of the TCYSA Cup competitions qualify to represent the Tri-Cities district in the Coastal “B” Cup competition.

### **Coastal “B” Cup (Tier III)**

The Coastal “B” Cup competition is a regional championship consisting of the District champions from all of the Coastal regional districts (Lower Mainland and Vancouver Island), in addition to “wild card” teams from the various Tier III leagues.

The Coastal “B” Cup is held in March/April of each year. It is a single knockout competition. The winner of each age group advances to the Provincial “B” Cup tournament in July.

### **Provincial “B” Cup (Tier III)**

The Provincial “B” Cup is a tournament with teams throughout the Province. It is held in early July. It is an eight team tournament. The eight teams are comprised of two Lower Mainland teams, one Island team, four Interior teams and one Host team.

### **Coastal “A” Cup (Tier II)**

The Coastal “A” Cup competition is a regional championship consisting of teams from the Metro Select League (MSL) and Vancouver Island Premier League. The MSL gets up to fourteen spots in each bracket, so in most cases all MSL teams will be included in this competition.

The Coastal “A” Cup is held in March/April of each year. It’s a single knockout competition. The winner of each age group advances to the Provincial “A” Cup tournament in July.



### **Provincial “A” Cup (Tier II)**

The Provincial “A” Cup is a four team tournament held in early July. The four teams are comprised of three Coastal teams and one Interior team.

### **Premier Cup**

The Premier Cup is for BC SPL teams. There are boys and girls competitions from U13 through to U18 for both boys and girls. The top four teams from the Phase 1 league play qualify to compete in the Premier Cup, which is played in June.

The winners of the U14, U16 and U18 competitions qualify for CSA National Championship tournaments held in October.